

Armor of God - The Belt of Truth

Text: Ephesians 6:13-14a

Context - After warning of our battle against the devil and his demons, Paul now explains the Armor of God.

Main Idea - The belt of truth prepares us to move forward in stability.

The Belt of Truth - Properly refers to the trustworthiness of God and His Word and the Christian's application of God's truth to their lives.

Putting on the belt of truth will help you to....

1. _____ your preparation for battle (vs. 13-14a)

- A. The belt would naturally be the first piece of armor that a Roman soldier would put on. Though a belt, small brass plates that would be attached to provide core protection over the most vulnerable areas.
- B. The KJV interprets verse 14 to "Gird up your loins with truth" which is a call to be prepared.

2. _____ a genuine security (vs. 13-14a)

- A. It was the belt that would hold everything else together. It would hold the robe when running, the sword, leather straps with brass plates, and any other small weapons.
- B. It is the truth of God and His word that are foundational for the Christian. The Christian life is held together by God's truth, providing stability and integrity to the believer.

3. _____ forward (vs. 13-14a)

- A. When the soldier was ready to head into battle, he could reach down and pick up the part of his robe that was draping near his feet and tuck it in this belt. He would be unable to run swiftly into battle without this feature of his belt.
- B. The Truth of God and His Word directs the Christian into where to step. People who operate their lives apart from the truth of God are always confused and lost.

Prayer Prompt - Jesus, as I put on the belt of truth, I am reminded that your truth prepares me for the battle. It is completely foundational to everything. It tells me who you are and by comparison who I am. May your truth give me complete security and stability today in this unstable world. Help me to step forward into your plans today, ready for battle.