

Maturing in the Marriage

Song of Solomon 7

Open It

What makes a person feel secure in a relationship?

What makes a person feel insecure in a relationship?

When do you think it is OK for a woman to take the initiative in a relationship?

Explore it:

What did the Lover say about his Beloved's feet and legs? (7:1)

What did the Lover say about his Beloved's navel and waist? (7:2)

How did the Lover describe his Beloved's breasts? (7:3, 7)

What did the Lover say about his Beloved's neck, eyes, and nose? (7:4)

How did the Lover describe his Beloved's head and hair? (7:5)

What did the Lover find pleasing? (7:6)

What did the Lover say he would climb? (7:8-9)

To whom did the Beloved say she belonged? (7:10)

Where did the Beloved want to go to spend the night? (7:11)

Why did the Beloved want to go to the vineyards? (7:12)

What did the Beloved say that the mandrakes sent out? (7:13)

What had the Beloved stored up for her Lover? (7:13)

Get it:

How might the Beloved's breasts be like clusters, her breath like apples, and her mouth like wine?

How have these verses impacted your view of marriage?

How have these verses impacted your view of human sexuality?

How would you describe this relationship between husband and wife?

In what way do married people belong to one another?

What does the fact that the Beloved felt comfortable with taking the initiative suggest about the couple's relationship?

Apply it:

What can you do this week to deepen your relationship with your spouse?

How can you make your spouse feel loved, accepted, and secure this week?

Are there romantic things that the two of you once did but no longer do? Why not?

Describe an ideal date with your loved one. Why not plan such a date?

What have you come to appreciate about your beloved that you didn't even know to appreciate at the outset of your relationship? What good things have you learned about your beloved's character over time? How might you express your appreciation in a creative way?

What would you say in a definitive love note to your beloved?

Why not write such a note today?