# **Discussion Questions for The Joy of Forgiveness (Psalm 32)**

# Open It

What feelings do you associate with repentance? What's something you got blamed for when you were a kid?

# **Explore It**

What joyful proclamation opens this psalm? (32:1-2) What gift from the Lord did David celebrate in this psalm? (32:1-11) How did David describe the person who receives God's forgiveness? (32:1-11) How did David feel when he had unconfessed sin in his life? (32:3-4) What personal testimony did David offer regarding God's forgiveness? (32:3-5) How did David respond to the Lord's "heavy hand" on him? (32:4-5) How did God motivate David to confess his sin? (32:5) What did David experience after he confessed his sin to God? (32:5) How did God respond to David's confession? (32:5) What assurance do we have when we pray? (32:6) What conclusion did David draw from his experience? (32:6-7) How does the Lord protect His people? (32:6-7) What specific advice does this psalm offer to God's people? (32:8-11) What did David advise people to avoid? (32:9) What promise did David offer to those who trust in the Lord? (32:10)

# Get It

What kinds of things prevent us from confessing known sin in our lives? Why do you think we are sometimes hesitant to repent of sin, even when we know God will forgive us?

Why should we confess our sins to God?

What personal testimony can you give about God's forgiveness?

How do you feel when you have unconfessed sin in your life?

What has motivated you in the past to repent of selfish behaviors or attitudes?

When have you ever felt the "heavy hand" of the Lord on you?

How do you feel when you repent and experience God's forgiveness? How does God always respond to our repentance?

How does God's faithfulness in forgiving us encourage you for the future? On what specific advice in this psalm would you like to focus your attention?

# Apply It

What behavior or attitude do you need to confess to the Lord today? What is one creative way you can remind yourself of God's forgiveness over this next week?

When can you take time for prayer each day?