

# Integrity Self-Assessment

1. Do I avoid gossip? Yes  Sometimes  No
2. Do I avoid inappropriate jokes? Yes  Sometimes  No
3. Do I avoid using profanity? Yes  Sometimes  No
4. Do I avoid being light-minded about sacred subjects?  
Yes  Sometimes  No
5. Am I completely truthful? Yes  Sometimes  No
6. Am I morally clean? Yes  Sometimes  No
7. Am I honest? Yes  Sometimes  No
8. Am I dependable? Yes  Sometimes  No
9. Am I trustworthy? Yes  Sometimes  No

What can I do to improve my personal integrity?

What is one new habit that I want to develop?