

Seeking God's Council

Series: Conquering the Quiet Time #3	South Orlando Baptist Church
Topics: Meditation on Scripture, Worldly Influence	January 25, 2015
Text: Psalm 1	Dr. David Crowe

Seeking God's Council will require you to...

1) Separate yourself from the World (6)

- A. There is a balance in the Bible between being in the world and not of it. Jesus does not want us to completely ignore non-Christians - he even ate and drank with them. (See Romans 12:2 and 1 Corinthians 5:9-11)
- B. The real meaning here is to remove one's self from the World's influence or advice.

2) Saturate yourself with the Word (7a)

- A. Understand the R.E.A.D. method: R. _____ E _____
A _____ D _____

B. There are a number of ways to Digest the word:

1. Meditation - Filling your mind with scripture.
2. Memorization - To commit the words of a passage to memory.
3. Illumination - To seek out what the Holy Spirit is speaking to you from the text.
4. Highlighting - To mark out a passage with a pen or marker for later use.
5. Paraphrasing - To rewrite the passage in a personal way.
6. Praying - To use the passage as fuel for your prayers.
7. Drawing - To make a small sketch in the margins of your Bible for later recollection.

3) Surrender yourself to the Work (3-6)

- A. As we surrender, the fruit of Godliness is developed in our lives. Godliness results from a continued submission to the Holy Spirit and His work in your life which leads to the doing of His will and having the attitude of Christ.
- B. Jesus told us in John 15, that as we abide in Him we will bear much fruit. Do you feel like God has been working in you recently to produce fruit?

Application Questions

- 1) What activities does the righteous person avoid? (1:1-3)
- 2) How does the psalm writer connect delight and meditation? (1:2)
- 3) What does a righteous person do a lot? (1:2)
- 4) What does the image of the tree tell us about the righteous person? (1:3)
- 5) In what way is a righteous person rewarded for being righteous? (1:3)
- 6) What differences are there between righteous people and unrighteous people? (1:3-5)
- 7) What differences are implied by the references to "tree" and "chaff"? (1:3-5)
- 8) What consequences do the wicked face? (1:5)
- 9) What role does the Lord play in relation to the righteous and the wicked? (1:6)
- 10) How do the futures of the righteous and the wicked differ? (1:6)
- 11) What does it mean to meditate on God's law day and night?
- 12) Why is Christian fellowship important?
- 13) In what sense does a righteous person "prosper"?
- 14) What activities should you avoid because of your desire to be righteous?
- 15) Whose company should you avoid and why?
- 16) How can we demonstrate our delight in God's Word?
- 17) What kind of "fruit" should we yield?
- 18) In what specific ways does this psalm encourage you to seek righteousness?
- 19) What specific steps can you take in the next few weeks to demonstrate your delight in God's Word?
- 20) What concrete action can you take to avoid an unrighteous behavior?
- 21) What righteous attitude or action would you like to yield to the Holy Spirit for Him to cultivate in your life over this next week?